



CAATE

Commission on Accreditation
of Athletic Training Education

2022 CAATE Accreditation Conference

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What is in a name? ... Residency & Fellowship

J'nai Pittman, MEd, LAT, ATC, OTC

Emory Healthcare



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I have no relevant financial relationships to
disclose.

Learning Objectives

- Appraise foundations of residency and fellowship training that ensure quality and development of advanced practice specialist in athletic training
- Identify the key characteristics that define residency and fellowship programs that is consistent with the CAATE's 2022 Residency and Fellowship Standards
- Discuss the importance of quality assurance, improvement, and innovation in residency and fellowship training as a catalyst for growth of the Athletic Training profession

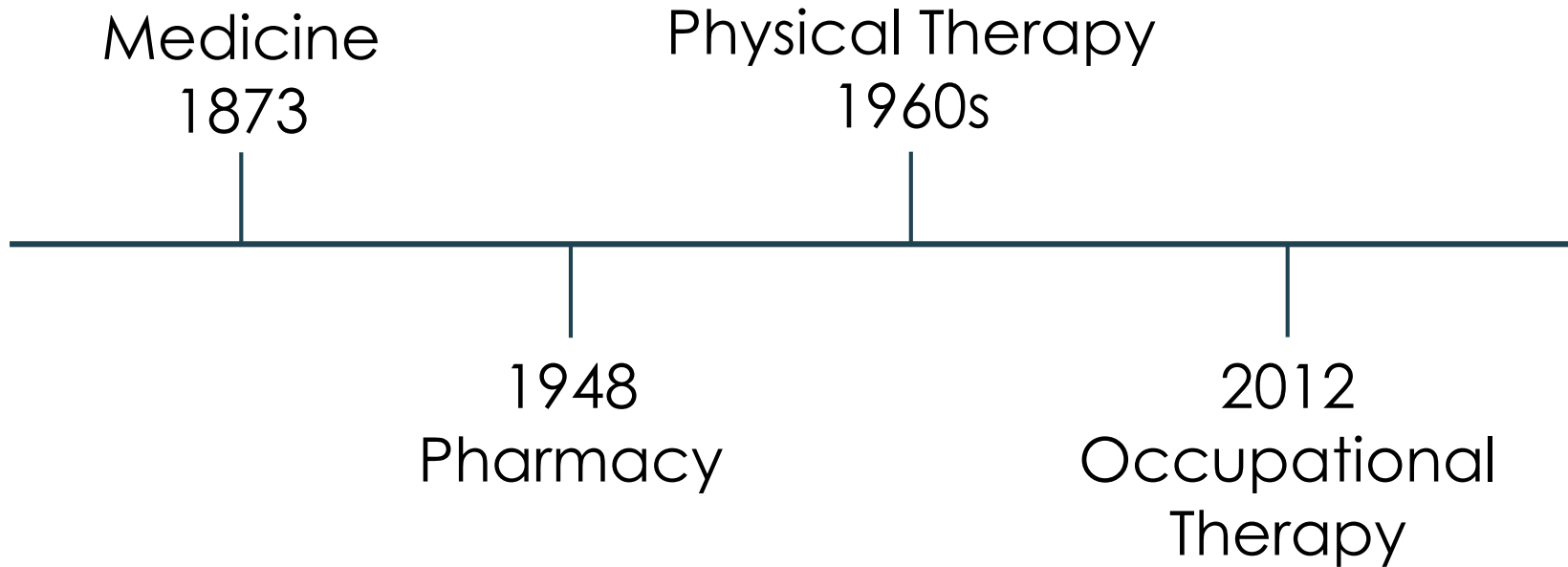
History of residency medical education



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(Coppard et al., 2020)

Residency education across health professions



(Coppard et al., 2020)

Themes across professions

- Societal/health care system changes
- Post-professional
- Structured curriculum
- Mentorship
- Preparation for advanced clinical practice

CAATE Definition

Residency	A formal education program that offers structured curriculum and mentorship, including didactic and clinical components, to educate athletic trainers in a specialty area. They are designed to build upon and expand the athletic trainer's knowledge and experience acquired during professional education.
Fellowship	A formal education and training program that offers structured mentorship, including didactic and clinical components, to educate athletic trainers in a subspecialty area. Fellowships require formal subspecialty training beyond successful completion of a residency program.

Standard 15:

Residency	The program must be identified as an athletic training residency in a specialty area in all organizational publications.
Fellowship	The program must be identified as an athletic training residency in a subspecialty area in all organizational publications.

CAATE Approved Specialty Areas

Orthopaedics
Rehabilitation

Prevention and Wellness

Primary Care

Behavioral Health

Pediatrics

Urgent and Emergent Care

Performance Health

Residency



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Fellowship



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Characteristics of an Advanced Practice

- Strong clinical reasoning skills
- Medical and procedural knowledge
- Advanced communication skills
- Collaborative clinician
- Lifelong learner

AT Perception of Advanced Practice

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ORIGINAL RESEARCH

Athletic Trainers' Perceptions of Advanced Clinical Practice: Defining Advanced Clinical Practice in Athletic Training

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Anderson et al., 2020

Dreyfus model of skill acquisition

Novice

Advanced
Beginner

Competent

Proficient

Expert

(Dreyfus, 2007)

Residency/Fellowship Components

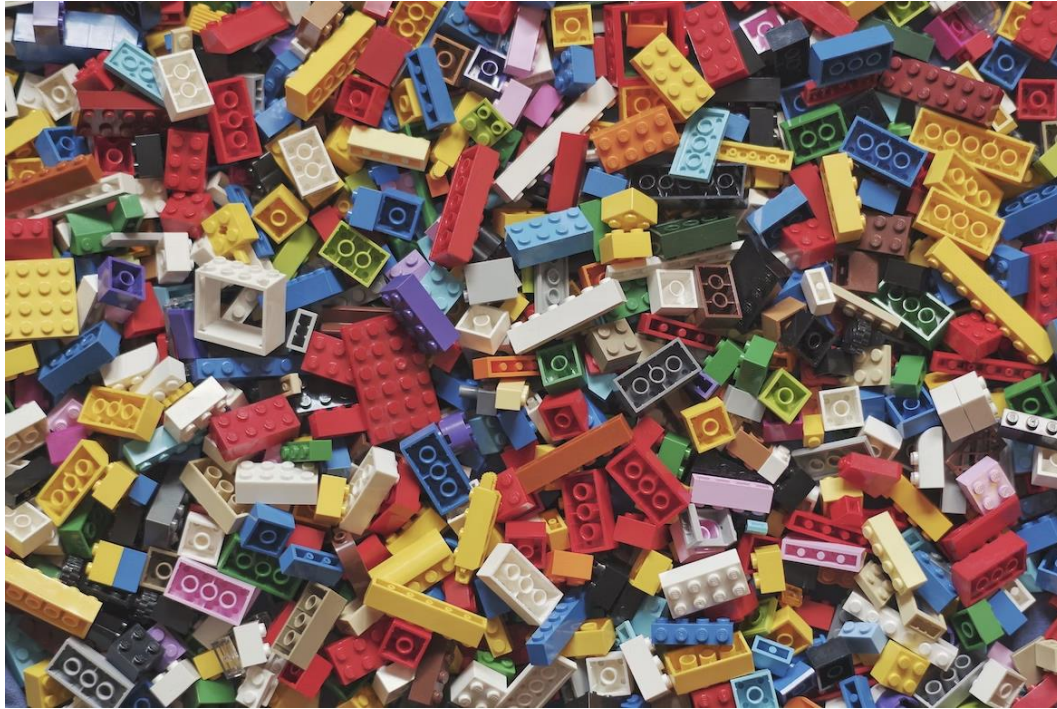


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Clinical exposure

- 80% of time spent in the specialty/subspecialty area
- Feedback from both residents/fellows and faculty
- Intentional clinical placement

Didactic

- Structured and planned
- Faculty strengths
- Capitalize on stakeholders or

Mentorship

- Encourage clinical reasoning beyond that taught at the professional level
- Adjustments should be made to account for resident/fellow individualized needs

Scholarship

- Discovery
- Integration
- Application
- Teaching

Quality Assurance



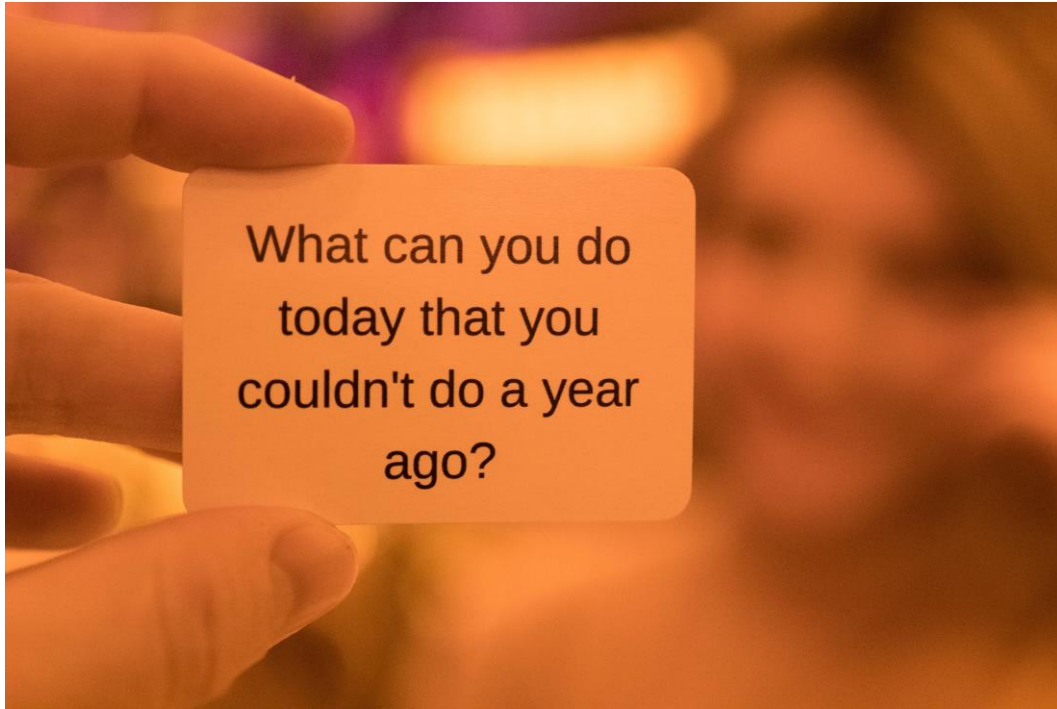
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Quality Improvement



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Innovation



What can this mean for the profession?



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